

STREATERIES LUNCH MENU



WEEK 1
6/1, 27/1, 17/2, 10/3, 31/3



MAINS

MON

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

TUE

CLASSIC AMERICAN CHEESEBURGER

CAJUN SPICED BAKED VEGGIE BURGER

WED

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy
Either as a classic roast dinner or loaded into a ½ baguette

ROASTED ROOTS FILO STRUDEL

THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS

FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

SIDES

CRUNCHY RAINBOW SALAD

RANCH SLAW GARLIC HERB WEDGES

SKIN ON ROASTIES CARROTS & BROCCOLI

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DESSERTS

ASPENS HOMEMADE COOKIES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU



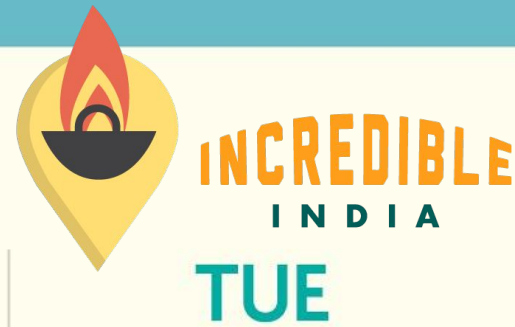
WEEK 2
13/1, 3/2, 24/2, 17/3



**CLASSIC COTTAGE
PIE**

**VEGGIE COTTAGE
PIE** V

**BUTTERED CABBAGE &
BROCCOLI**



**PULLED CHICKEN
TIKKA PIE**

**CHANA MASALA
STUFFED PIE** V

**CRISPY BOMBAY POTATOES,
CUMIN ROAST CARROTS &
PARSNIPS**



**BRITISH PORK SAUSAGE
TOAD IN THE HOLE**
with Onion Gravy

**QUORN SAUSAGE
TOAD IN THE HOLE** V
with Onion Gravy

**SKIN ON GARLIC ROASTIES
GREEN BEANS**



**SMOKED CHILLI BEEF
OVER RICE**
with Smashed Nachos, Spring Onion
& Sour Cream

**VEGGIE BEAN CHILLI
LOADED NACHOS** V
with Spring Onion & Sour Cream

**SMOKY
CORN**



Choose from:
**BATTERED FISH
SAUSAGE or VEG SAUSAGE**
(battered or plain) V
Margherita Pizza V
Chicken Nuggets
Chips V

**MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE** V

MAINS

SIDES

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY BOXED
SALADS

DAILY BOXED
SALADS

DAILY BOXED
SALADS

DAILY BOXED
SALADS

DAILY BOXED
SALADS

DESSERTS

ASPENS HOMEMADE
COOKIES

SELECTION
OF HOMEBAKES

SELECTION
OF HOMEBAKES

SELECTION
OF HOMEBAKES

SELECTION
OF HOMEBAKES

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
20/1, 10/2, 3/3, 24/3



MON

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO PULLED PORK

BANG BANG CAULIFLOWER V

5 SPICE RICE & STIR FRIED GREENS



WED

LEMON & HERB ROASTED CHICKEN, STUFFING & GRAVY

SMOKY SWEET POTATO & RED PEPPER PIE V

ROAST POTATOES OR CHIVE MASH
MIXED GREENS



THU

ITALIAN SPAGHETTI & MEATBALLS

VEGGIE SPAGHETTI BOLOGNESE V

GARLIC GREEN BEANS



FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain) V
Margherita Pizza V
Chicken Nuggets
Chips V

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

ITALIAN TOMATO PASTA

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DAILY BOXED SALADS

DESSERTS

ASPENS HOMEMADE COOKIES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO